

River Expedition Academy Packing List



3 or 4 Overnights

Dress for adventure! Show up every day wearing comfortable clothing and the following:



Sun hat / cap / glasses



Sturdy Water Shoes
(Chacos, Tevas, Keens, etc.)



Sunscreen & Insect Repellent

Pack these items every day (including overnights)

Pack these items in a day pack. Before launching on the river these items will be packed in to a dry bag provided by Telluride Academy.



A healthy lunch w/ snacks



A small camp towel ✨



Bathing suit



Re-usable water bottle ✨



1-2 Sun Shirt/Hoody



Closed-toed camp shoes



Rain Jacket & Rain Pants



Warm fleece jacket



Hand Lotion, Chap Stick & Sunscreen

Pack these items for your overnight in your "Overnight Bag"

Choose a medium sized duffel or backpack that your child can carry a short distance. These items will be packed into a large dry bag provided by Telluride Academy.



Flashlight / Headlamp



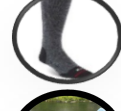
Changes of underwear



Small toiletries kit



1-2 T-Shirts



1-2 pairs of sock



Synthetic or down sleeping bag ✨



1-2 pairs of shorts



River Costume
(keep it simple!)



Sleeping pad ✨



1 pair of long pants
(something cozy is great for evenings)



Re-usable mess kit ✨



Journal / Sketch pad / book

✨ **These items available for purchase at the Academy welcome desk**

✨ **These items available for rent by [CLICKING HERE!](#)**

Packing 101: Light is Right! Keeping your kids mobile in the field greatly enhances their experience. Synthetic materials are best. They pack small, wick moisture, dry fast and are warmer. Cotton gets wet, is heavy and should be avoided if possible. Having all of the above mentioned items in your child's day pack every day prepares them for the ever-changing weather conditions of the San Juan region, **days on the river can be extremely hot while nights can be cool.** Packs should be packed for both non-overnight and overnight days. Day packs are taken inside the van with your child and are always accessible. Overnight packs are loaded on top of the van and are often not always accessible. With nearly 1,000 kids, 20+ vehicles and over 100 programs this summer it is essential to **LABEL EVERYTHING!**



Support Academy Unplugged...NO ELECTRONIC DEVICES!

