

# Academy Packing List

## Backpacking Program with Packs Provided!



**Dress for adventure!** Show up every day wearing comfortable clothing and the



Sun hat / cap / glasses



Sturdy, comfortable hiking shoes



Sunscreen & Insect

## Pack these items on your FIRST day in your "Day Pack"

Choose a comfortable backpack that can fit the following items:



A healthy lunch w/ snacks



A small camp towel ✨



Closed-toed water shoes  
(no flip flops)



Re-usable water bottle ✨



Warm fleece jacket



Bathing suit



Rain jacket



Rain pants



Synthetic base layer shirt & pants  
(Great for warming up and sleeping in)

## BACKPACK, SLEEPING BAG AND PAD ARE PROVIDED!

Pack these items (PLUS the items above) for your overnight in a large garbage bag. Instructors will be teaching students how to pack for our trip.



Flashlight / Headlamp



1-2 pair of long pants



Small toiletries kit



Warm hat / gloves



Changes of underwear



Journal / Sketch pad / book



2 - 3 T-shirts  
1 long sleeve



3-4 pair of synthetic socks



Re-usable mess kit ✨



2 pairs of shorts

✨ *These items available for purchase at the Academy welcome desk*

**Packing 101:** Light is Right! Keeping your kids mobile in the field greatly enhances their experience. Synthetic materials are best. They pack small, wick moisture, dry fast and are warmer. Cotton gets wet, is heavy and should be avoided if possible. With nearly 1,000 kids, 20+ vehicles and over 100 programs this summer it is essential to **LABEL EVERYTHING!**



**Support Academy Unplugged...NO ELECTRONIC DEVICES!**

