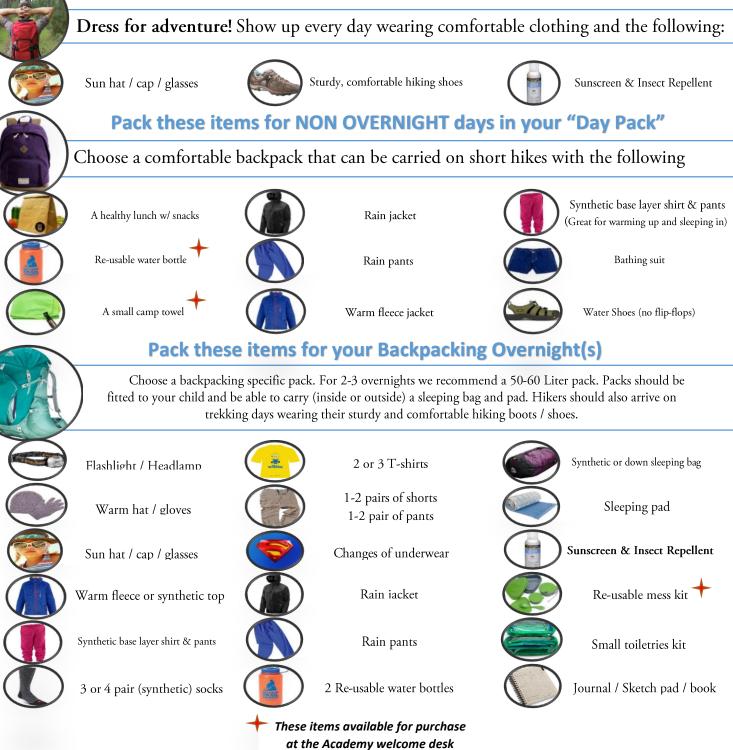
## Academy Packing List

**Backpack** Packing List



Packing 101: Light is Right! Keeping your kids mobile in the field greatly enhances their experience. Synthetic materials are best. They pack small, wick moisture, dry fast and are warmer. Cotton gets wet, is heavy and should be avoided if possible. Having all of the abovementioned items in your child's day pack every day prepares them for the ever-changing weather conditions of the San Juan region as well as allows them to participate in a variety of activities (boating, climbing, etc.) Students will add to their packs on backpacking overnights some group gear / supplies (water filters, group food, etc). Groups will discuss packing techniques on their first day together. Shoes should be sturdy, comfortable and have been adequately "broken in" prior to the trip. With nearly 1,000 kids, 20+ vehicles and over 100 programs this summer it is essential to LABEL EVERYTHING!



Support Academy Unplugged...NO ELECTRONIC DEVICES!

Lunplug